

KAREN STOWE BIOGRAPHY

For the last ten years Karen has been the event coordinator for Emmy award-winning Hollywood actress Lindsay Wagner, arranging over 100 events around the world during that time, reaching hundreds of thousands of people and coordinating all the logistical requirements of each event. These events have included acting master classes, week-long acting retreats, spiritual workshops, seminars, keynote speeches and retreats, creating downloads and developing online events to name just a few.

She has coordinated as well as facilitated events throughout the UK, Ireland, Israel, Italy, Germany, Spain, Canada, Saint Lucia, Mexico, Australia, and all parts of the USA, including Hawaii.

Together with Lindsay Wagner, Karen co-developed and produced the theatre show "An Evening with Lindsay Wagner" around the United States. She produced and organised all aspects of the show, including liaising with local theatres, writing and arranging contracts, engaging crew, staging the set and producing the multi media slide show using photos, interview clips and film clips. Karen was also the show host and interviewed Lindsay on stage as well as moderated the Q&A with the audiences.

Karen is also the co-creator and co-producer of a new spiritual reality TV show titled "Spirit Warriors" with Eelay Media, filmed at the Art of Living ashram in Quebec, Canada and currently seeking distribution. As a co-producer she took care of all the paperwork and logistics of the shoot and location.

Karen herself was one of three cast members in the pilot episode and had the privilege of interviewing Sri Sri Ravi Shankar for the show as they walked on a frozen lake at his ashram while it was snowing.

During 2020 Karen helped to produce 'Briefs', a sitcom set in a High Street solicitors practice, taking the roles of Assistant Producer, script supervisor, cast liaison and the production's press contact.

She has also taken the role of Assistant Producer and Cast Manager on upcoming production 'So Haunted'.

Karen has extensive experience in press liaison as Lindsay Wagner's publicity person for ten years, setting up numerous press campaigns, press conferences and thousands of interviews.

Karen lives in Redcar in the North East of England and is currently writing her book "Sophie's Gift" to share her experiences of life as a caregiver and her personal healing journey.

She is a team player with excellent organisational and communication skills, and a good knowledge base and experience of production. Her background and vast experience shows she has the skills to oversee projects both remotely and in person. She works well under pressure and time deadlines, exuding a calmness and strong work ethic, and is adept in multi-tasking, bringing structure to projects and with a good eye for the details of all aspects of a production.